

## NOTICE OF SIGNIFICANT CHANGE TO INTEGRATED MEMBER HANDBOOK

January 1, 2026

We are sending this notice because there will be significant changes to the San Joaquin County Behavioral Health Services Integrated Member Handbook. The updated handbook will be available on 2/1/2026. Here is a summary of the significant changes:

Section of Handbook	What Has Changed	When The Service Is Planned to be Available
<b>Scope of Services and Additional Information</b>	Added information on Parent Child interactive Therapy (PCIT). PCIT is a program that helps children ages 2-7 who have difficult behaviors and helps their parents or caregivers learn new ways to handle them. The therapist helps the parent/caregiver learn how to encourage healthy behavior and improve their relationship with the child.	7/1/27
<b>Scope of Services and Additional Information</b>	Added information on Functional Family Therapy (FFT). FFT is a counseling program for families and youth ages 11-18 who have difficult behaviors or trouble dealing with their emotions. FFT works with a youth's family and sometimes other members of the youth's support system like teachers or doctors to help reduce the youth's unhealthy behavior.	7/1/27
<b>Scope of Services and Additional Information</b>	Added information on Multisystemic Therapy (MST). MST is a family-based program for youth ages 12-17 who show serious difficulty with behavior. MST is often used for youth who have had trouble with the law or might be at risk of becoming involved with the law, or at risk of becoming removed from their home because of their behavior. MST helps parents learn skills to help them handle these behaviors at home, with their peers, or in other community settings and usually lasts for 3 to 5 months.	7/1/28
<b>Scope of Services and Additional Information</b>	Added information on Assertive Community Treatment (ACT). ACT is a service that helps people with serious mental health needs. ACT tailors services to each person and their own needs. A team of different experts work together to help people with their mental health, teaching important life skills, coordinating their care, and offering support in the community. The overall aim is to help each person recover from their	7/1/26

	behavioral health condition and live a better life within their community.	
<b>Scope of Services and Additional Information</b>	Added information on Coordinated Specialty Care (CSC) for First Episode Psychosis (FEP). CSC-FEP is a service that helps people who are experiencing psychosis for the first time. Psychosis can show up with different symptoms, including seeing or hearing things that other people do not. CSC-FEP provides support during the early stages of psychosis, to help prevent hospital stays, emergency room visits, time in treatment centers, trouble with the law, substance use, and homelessness. The goal is to help people feel better, manage their symptoms, and live well in their community.	7/1/26
<b>Scope of Services and Additional Information</b>	Added information on Enhanced Community Health Worker (ECHW) Services. ECHWs are health workers who have special training in providing health services and information to their communities and trusted members of their communities. The goal of ECHW Services is to help prevent or manage chronic diseases, disabilities, and other health problems.	We do not plan to implement this service
<b>Scope of Services and Additional Information</b>	Added information on Forensic Assertive Community Treatment (FACT). FACT is a service that helps people with serious mental health needs who have also had trouble with the law. It works just like the ACT program, but with some extra features to help people who are at high risk or have been previously involved with the criminal justice system. The goal is to help each person feel better, stay out of trouble, and live a healthier life in their community.	7/1/26
<b>Scope of Services and Additional Information</b>	Added information on In-Reach Services, which help people who are in a psychiatric hospital or facility for a long time or are at risk of staying there for a long time. The program works with you, your family, the hospital or facility, and other support people to help you move back into the community.	We do not plan to implement this service
<b>Scope of Services and Additional Information</b>	Added information on the Individual Placement and Support (IPS) model of supported employment. IPS is a service that helps people with serious behavioral health needs find and keep jobs in their community. This program helps improve	7/1/26

	independence, a sense of belonging, and overall health and well-being.	
<b>Scope of Services and Additional Information</b>	Added information on Clubhouse Services, which help people recover from behavioral health conditions. In a Clubhouse, people can find jobs, make friends, learn new things, and develop skills to improve their health and well-being. People also work alongside Clubhouse staff to contribute to shared Clubhouse needs.	We do not plan to implement this service

For a full description of the services summarized above, please review the Scope of Services and Additional information sections of the handbook.

The updated handbook will also include the following additional sections:

- **Words to Know:** This section provides you with a list of terms used in the handbook and their meanings.
- **Notice of Privacy Practices:** This section informs you of your right to know how your protected health information may be used and disclosed, and what your privacy rights are.

You may request a copy of the handbook when you visit any of our programs. You can also view, print and/or download a copy at [www.sjcbhs.org](http://www.sjcbhs.org). You can also call 209-468-9370 or 1-888-468-9370 (TTY:711 or 1-800-735-2922) to request a copy. We will mail it to you, free of charge, within five (5) business days. For other formats, such as Braille, 20-point font large print, and audio, please contact the same number.

Thank you,

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 Quality Assessment & Performance Improvement  
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Enclosed:  
 "Notice of Availability"  
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